

# Simultaneous Determination of Cd and Fe in Beans and Soil of Different Regions of Brazil Using High-Resolution Continuum Source Graphite Furnace Atomic Absorption Spectrometry and Direct Solid Sampling

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A fast routine screening method for the simultaneous determination of cadmium and iron in bean and soil samples is proposed, using high-resolution continuum source graphite furnace atomic absorption spectrometry and direct solid sampling. The primary absorption line at 228.802 nm has been used for the determination of cadmium, and an adjacent secondary line, at 228.726 nm, for iron. Fourteen bean samples and 10 soil samples from nine states all over Brazil have been analyzed. The limits of detection (3  $\sigma$ , n = 10) were 2.0  $\mu$ g kg<sup>-1</sup> for Cd and 4.5 mg kg<sup>-1</sup> for Fe. The relative standard deviation ranged from 4 to 7% for Cd and from 5 to 28% for Fe, which is usually acceptable for a screening method. The accuracy of the method has been confirmed by the analysis of two certified reference materials; the results were in agreement with the certified values at a 95% confidence interval.

KEYWORDS: Bean and soil samples; simultaneous determination of Cd and Fe; high-resolution continuum source AAS; graphite furnace atomization; direct solid sample analysis

## 1. INTRODUCTION

Since soil contamination by anthropogenic sources has increased significantly in many parts of the world, soil pollution has become an important environmental issue in industrialized countries. Heavy metals might influence the soil quality, the agricultural production and the groundwater quality, affecting human health through the water supply and foods (1). The content of metallic elements in foods depends on their concentration in the soil, their availability, and their capacity to be incorporated by the plants.

Cadmium is extremely toxic even at low concentration levels; it was classified as carcinogenic of group 1 (2) by the International Agency for Research on Cancer (IARC), and set in the seventh position in the list of the substances most aggressive to health and to the environment by the Program for Answers Reparations and Environmental Responsibilities (Cercla) of the ATSDR-EPA (3). Concern has therefore been expressed in several recent publications about pollution in environmental and health areas, because humans and animals are constantly exposed to such risks through air, soil, water and food (4). The retention of cadmium in soil is positively correlated to cation exchange capacity, organic matter and pH, and appears to be negatively correlated to the amount of free iron oxide (5). Some studies show that foods contaminated with cadmium affect the absorption of important elements such as zinc, calcium and iron, essential in combating anemia (6), and that the iron depletion results in an increased intestinal absorption of Cd, and its subsequent transfer to the body circulation and tissues, particularly liver and kidneys (7, 8).

In developing countries, anemia affects predominantly the lowincome group of the population, and it has in general a great impact on the quality of life in so-called Third World Countries. The increased risk for various infectious diseases is directly related to the reduction of immune resistance generated by anemia (9). Legumes, such as beans, constitute the main source of proteins and are a good source of mineral elements, such as iron, for large groups of population in Latin America and Africa. However, soil contamination affects the iron absorption and could cause damage to public health (10).

Recently a method for the simultaneous determination of cadmium and iron in grain products has been developed by our group (11) using high-resolution continuum source graphite furnace atomic absorption spectrometry (HR-CS GF AAS) (12)

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and direct solid sampling (SS) analysis. The latter technique is particularly suited for fast screening analyses, as essentially no sample preparation is necessary, avoiding in addition all potential sources of error associated with this stage of an analysis. Direct SS analysis also provides the highest possible sensitivity, as no dilution at all is involved in this technique. In addition, HR-CS GF AAS has been shown to be an extremely rugged technique that makes possible direct SS analysis of complex samples using aqueous standards for calibration (13).

The purpose of this work was to investigate the possibility of extending the simultaneous determination of Cd and Fe to bean and soil samples coming from different regions of Brazil, in order to establish a fast routine screening procedure for this kind of analysis. While no major difficulties were expected for the bean samples, the soil samples have been a real challenge, first, because the matrix is obviously very much different, and second, because the iron content in soils is typically in the g kg<sup>-1</sup> range, whereas it is in the mg kg<sup>-1</sup> range in the beans, and the cadmium content is in the  $\mu$ g kg<sup>-1</sup> range in both types of samples. Possibilities to reduce the sensitivity of this technique, which usually offers the highest sensitivity, had therefore to be investigated in order to reach the goal.

#### 2. EXPERIMENTAL PROCEDURES

**2.1.** Instrumentation. All the experiments were carried out using a prototype high-resolution continuum source atomic absorption spectrometer, based on a model AAS 6 Vario (Analytik Jena, Jena, Germany), from which all optical components, including the detector and controls, had been removed and replaced by a spectrometer built at ISAS (Berlin, Germany). This spectrometer consists of a high-intensity xenon short-arc lamp operating in a hot-spot mode, a high-resolution double monochromator and a CCD array detector. The double monochromator consists of a predispersing prism and a high-resolution echelle grating monochromator, resulting in a resolution of  $\lambda/\Delta\lambda$   $\approx$  140,000, corresponding to a resolution of  $\sim 1.6$  pm per pixel at the cadmium line. The system is controlled by a Pentium III personal computer (100 MHz), running a data acquisition program developed at ISAS Berlin. Details of this equipment were described in previous publications of our group (12, 14, 15). The primary resonance line for Cd at 228.802 nm and the adjacent secondary line for Fe at 228.726 nm have been used for the simultaneous determination of the two elements. The atomic absorption for cadmium has been measured using peak volume selected absorbance (PVSA) (16) using three pixels ( $A_{\Sigma3,int}$ ), corresponding to a spectral interval of ~5 pm, as the best signal-to-noise ratio was obtained under these conditions. Iron in bean samples has been determined using the same measurement principle; however, the concentration of iron in the soil samples was too high, so that measurement at the line wings  $(A_{\Sigma+2,int})$  had to be used in order to reduce sensitivity and increase the working range.

The transversely heated graphite tube atomizer system supplied by Analytik Jena together with the model AAS 6 Vario has been used throughout. All experiments were carried out using pyrolytically coated SS graphite tubes without dosing hole (Analytik Jena Part No. 407-A81.303) and SS platforms (Analytik Jena Part No. 407-152.023). The samples were weighed directly onto the SS platforms using an M2P microbalance (Sartorius, Göttingen, Germany) and inserted into the graphite tube using a preadjusted pair of tweezers, which is part of the SSA 5 manual solid sampling accessory (Analytik Jena). For the measurement of solid samples the PVSA was normalized for a sample mass of 1 mg, as it is impossible (and unnecessary) to weigh and introduce always the same sample mass into the graphite furnace. Aqueous standards and modifier solutions were injected manually onto the SS platform using micropipets with disposable tips. Argon (99.996%, White Martins, São Paulo, Brazil) was used as purge and protective gas throughout. The optimized graphite furnace temperature program used for the simultaneous determination of Cd and Fe is shown in Table 1. The typical time required for one measurement including weighing and introducing the sample is about 2 min, so that five replicate measurements could be made within 10 min.

**2.2.** Reagents and Standard Solutions. A standard solution containing 1000 mg  $L^{-1}$  Cd was prepared from a Spex standard (Spex,

 Table 1. Graphite Furnace Temperature Program for the Simultaneous

 Determination of Cadmium and Iron in Bean and Soil Samples by SS-HR-CS AAS Using W-Ir as the Permanent Modifier

stage	temp/°C	$ramp/°C s^{-1}$	hold time/s	Ar flow rate/L min <sup>-1</sup>
drying	90	10	10	2.0
drying	130	5	5	2.0
pyrolysis	700	50	15	2.0
auto zero <sup>a</sup>	700	100	1	0
atomization <sup>a</sup>	1700	2000	3	0
atomization <sup>a</sup>	2600	3000	12	0
cleaning	2600	1000	3	2.0

<sup>a</sup> Signal registration in these stages.

 Table 2. Temperature Program for the Thermal Deposition of the Permanent

 Modifier on the SS Graphite Platform<sup>a</sup>

stage	temp/°C	ramp/°C s <sup>−1</sup>	hold time/s
1	130	30	20
2	400	30	20
3	1000	100	10
4	2000	100	5

<sup>*a*</sup> The gas flow was 2 L min<sup>-1</sup> in all stages.

Eddison, NJ), and a 1000 mg L<sup>-1</sup> Fe solution was obtained by diluting a Titrisol concentrate (Merck, Darmstadt, Germany) to volume. The calibration solutions were prepared daily through serial dilution of the stock solutions with the addition of 0.5% (v/v) nitric acid. Deionized water from a Milli-Q system (Millipore, Bedford, MA) with a resistivity of 18 MΩ cm was used throughout. Atomic absorption standard solutions of 1000 mg L<sup>-1</sup> Ir and 1000 mg L<sup>-1</sup> W (both from Fluka, Buchs, Switzerland) have been used for the permanent modifier. In order to coat the platform with the W–Ir mixed permanent modifier, five aliquots of 40  $\mu$ L of the W modifier solution were applied first, each one followed by the temperature program shown in **Table 2**, and then five aliquots of 40  $\mu$ L of the Ir modifier solution were applied, also followed by the same temperature program, resulting in a coating with 200  $\mu$ g each of W and Ir.

The following certified reference materials (CRM) have been used in this work: BCR No. 191 Brown Bread and BCR No. 142 Light Sandy Soil (Community Bureau of Reference, Brussels, Belgium).

2.3. Collection and Preparation of the Samples. Fourteen bean samples and ten soil samples, collected in nine states of Brazil, have been investigated in this study. Most of the samples have been collected at experimental farms of Embrapa (Brazilian enterprise for research in agronomy and cattle breeding) or similar institutions. The soil samples were always taken close to the area where the beans (mostly Faseolus vulgaris L.) were grown. Ten soil samples were collected from each field, using a gauge auger (Eijkelcamp Agrisearch Equipment, The Netherlands) or a custom-made hand auger. The samples were collected in polyethylene bags and kept in an ice chest during transportation; then all bags were sealed and stored at -18 °C. In the laboratory the samples were allowed to warm to room temperature, and dried at 50 °C in an air-ventilated oven for 24 h. The samples were allowed to cool over silica gel and stored in closed polyethylene cups. All samples were first ground manually in an agate mortar until the material passed a mesh of 0.5 mm; roots and plant material were removed during this procedure. Further grinding was done using a planetary ball mill (Fritsch Pulverisette model 05.102) with agate cups, lids and balls. The cups were rotated at 300 rpm for 20 min; the final fineness was  $< 100 \ \mu m$ . The analysis by SS-HR-CS GF AAS has been carried out without further sample treatment. The sample mass weighed onto the SS platforms was typically between 0.09 mg and 0.15 mg of soil.

A total amount of 1-2 kg of beans without pod was collected at each location in sealed plastic bags; the samples were transported in an ice chest and later stored at -18 °C until further treatment. The frozen beans were allowed to warm up to room temperature slowly; shells and damaged beans were removed. The samples were weighed and dried at 50 °C in an air-ventilated oven for at least 24 h and treated in a laboratory mixer with stainless steel blades until a fine powder was obtained. Before the analysis by SS–HR-CS GF AAS, the samples were ground one more time in a vibration ball mill (model MM 200, Retsch, Düsseldorf, Germany) with

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agate balls at a frequency of  $30 \text{ s}^{-1}$  for 30 min; the samples were not sieved, as a very fine powder was obtained after the treatment in the mill. The sample mass weighed onto the SS platforms was typically between 1.0 mg and 1.5 mg of beans.

#### 3. RESULTS AND DISCUSSION

3.1. Method Development. The currently available spectrometers for HR-CS AAS are not designed for simultaneous multielement determination. Nevertheless, it is possible to determine more than one element at a time if the absorption line of a second element is located within the spectral interval that reaches the detector, which is about 0.3 nm at 200 nm and about 0.6 nm at 400 nm. This is of only minor interest in flame AAS, where fast sequential determination of several analytes under optimized conditions is clearly the better choice (17). In GF AAS, however, where fast sequential determination is not feasible because of the transient nature of the absorbance signals, simultaneous determination of more than one analyte is of great interest, as it reduces analysis time proportionally. However, several requirements have to be met in order to make this approach feasible, and conditions have to be optimized, as any simultaneous determination implies compromises.

One of the requirements is that a compromised graphite furnace temperature program can be established that makes possible the simultaneous determination of the analytes of interest without too many sacrifices in sensitivity and overall performance. This condition could be fulfilled in the simultaneous determination of Cd and Fe in grain products using W-Ir as permanent chemical modifier and a two-step atomization, as shown in **Table 1** (11). Another requirement is that the sensitivity ratio between the elements to be determined at the available analytical lines corresponds roughly to the concentration ratio of the analytes in the samples to be analyzed. This was for example the case for the simultaneous determination of Cr and Fe (18), and Co and V (19) in crude oil. This condition was also fulfilled in the analysis of grain products (11), as the iron line 228.726 nm is about 2 orders of magnitude less sensitive than the primary line 248.327 nm, and about 3 orders of magnitude less sensitive than cadmium at the 228.802 nm line. This situation is shown in Figure 1 for the CRM Brown Bread, and it has been anticipated that the same could apply for the bean samples. However, it could also be expected that the developed method could not be transferred directly to soil samples, which are usually rich in iron, particularly in many regions of Brazil.

Fortunately HR-CS AAS offers various possibilities to decrease sensitivity and increase linearity by choosing appropriate pixels for measurement (12, 16). Maximum sensitivity and the best S/N ratio are usually obtained when the integrated absorbance measured at three or five pixels at the line core is summated, a procedure called peak volume selected absorbance, PVSA (16). On the other hand, sensitivity can be reduced and the linear working range extended significantly when measurement is made at the line wings; this becomes obvious from Figure 2, where the absorbance signals recorded at different pixels in the vicinity of the iron line at 228.726 nm are shown for BCR CRM 142 (Light Sandy Soil). A careful study has been carried out recently about the possibility to extend the linear working range for the determination of iron using measurement at the line wings (20), and the results of this study have been used in this work for the simultaneous determination of Cd and Fe in soil samples.

**3.2.** Calibration and Validation. Several calibration approaches were proposed in the literature to compensate for potential matrix effects in direct SS–GF AAS, such as calibration against solid standards (usually CRM) with a matrix composition and analyte concentration similar to those of the sample to be



Figure 1. Time- and wavelength-resolved absorbance spectrum for the BCR CRM 191 (Brown Bread) in the vicinity of the cadmium resonance line at 228.802 nm; pyrolysis temperature, 700 °C; atomization temperature, 1700 °C for Cd and 2600 °C for Fe; W–Ir mixed permanent modifier.



Figure 2. Transient absorbance signals measured for BCR CRM 142 (Light Sandy Soil) at pixels 208–213 in the vicinity of the secondary iron line at 228.725 nm (pixel 211); pyrolysis temperature, 700 °C; atomization temperature, 2600 °C; W–Ir mixed permanent modifier; sample mass, 0.043 mg.

analyzed, and a three-dimensional analyte addition technique (21). However, if the literature about SS-GF AAS of the last 15-20 years is consulted, the vast majority of determinations have actually been carried out using aqueous standards for calibration (13, 21), which is mostly due to the uncompromising use of the stabilized temperature platform furnace concept (22). The main components of this concept are (i) atomization from a L'vov platform, (ii) integration over the peak area, (iii) the use of a chemical modifier and (iv) efficient background correction. The latter one was always the weak link in conventional AAS, a problem that has been finally solved with the introduction of HR-CS GF AAS, which also reflects in the publications about direct solid sampling using aqueous standards for calibration (13).

Calibration against aqueous standards has therefore been investigated in this work as well, as it is without doubt the most convenient approach for a screening procedure. The linearity assessment was based on the methodology described by Souza et al. (23) The calibration curves have been prepared, with concentration levels of 1, 3, 5, and  $7 \mu g L^{-1}$  Cd (corresponding to 10, 30,

50, 70 pg of Cd), and 1, 2, 4, and 6 mg  $L^{-1}$  Fe (corresponding to 10, 20, 40, and 60 ng of Fe) for the determination of Cd in beans and soil and the determination of Fe in bean samples; for the determination of Fe in soil samples, calibration curves have been prepared with concentrations of 20, 50, 100, 200, and 4000 mg  $L^{-1}$  Fe (corresponding to 200, 500, 1000, 2000, and 4000 ng of Fe). The linearity has been tested by examining a plot of residuals produced by linear regression of the response on the concentration in an appropriate calibration set. The statistic test (Ryan–Joiner, Levene, Durbin–Watson) has been carried out by comparing the lack-of-fit variance with that due to pure error, which confirmed the linearity of the calibration curves for Cd and Fe (24).

Two CRM have been used to validate the method, BCR CRM 191, Brown Bread, and BCR CRM 142, Light Sandy Soil. The results, which are shown in **Table 3**, clearly confirm that aqueous standards can be used for this kind of analysis, giving results that are within the 95% confidence interval of the certified values. The only concern might be the precision of the iron determination in soil, which exhibits high uncertainty. This is without doubt due to the very small sample size of typically < 0.1 mg used for these determinations and to the natural inhomogeneity of the iron distribution in soil samples.

3.3. Figures of Merit. The figures of merit of the method have been established using aqueous calibration standards and are summarized in Table 4. The data are in part different for bean and soil samples, at least in concentration, as the data for beans have been based on an average sample mass of 0.5 mg, whereas those for soil are calculated for 0.07 mg of sample. For the analysis of real samples, however, lower or higher masses have been used, depending on the actual analyte concentrations. All measurements of Cd and Fe in the bean samples are based on the PVSA of three pixels  $(A_{\Sigma3,int})$  around the line core. The measurements of Cd in soil samples are based on the same principle, whereas those for Fe in soil samples are based on the summation of the integrated absorbance measured at two side pixels (209 + 213); refer to Figure 2) that are located at the two line wings  $(A_{\Sigma\pm2.int})$ symmetrically to the line center. Two calibration curves of significantly different inclination have been obtained in this case for low and high iron concentrations, respectively, as has been described previously (20).

**Table 3.** Results Obtained for the Determination of Cd and Fe in BCR CRM 191 (Brown Bread) and BCR CRM 142 (Light Sandy Soil) Using the Proposed Procedure and Aqueous Standards for Calibration (n = 5)

	Cd/mį	g kg <sup>-1</sup>	Fe/g kg <sup>-1</sup>		
CRM	certified	found	certified	found	
BCR 191 BCR 142	$\begin{array}{c} 0.028 \pm 0.002 \\ 0.25 \pm 0.09 \end{array}$	$\begin{array}{c} 0.025 \pm 0.002 \\ 0.24 \pm 0.07 \end{array}$	$\begin{array}{c} 0.0407 \pm 0.0024 \\ 28.0^{a} \end{array}$	$\begin{array}{c} 0.0410 \pm 0.0086 \\ 27.9 \pm 5.9 \end{array}$	

The limit of detection (LOD) was calculated according to the 'zero mass response' (25) as three times the standard deviation of the signal obtained for 10 repetitive atomization cycles with an empty SS platform, only containing the modifier. The LOD was  $2.0 \,\mu g \, \text{kg}^{-1}$  for Cd and 4.5 mg kg<sup>-1</sup> for Fe in the bean samples, and  $14 \,\mu g \, \text{kg}^{-1}$  for Cd and 170 mg kg<sup>-1</sup> for Fe in the soil samples, respectively. The limit of quantification (LOQ) is defined as ten times the standard deviation, using the same measurements as for the LOD.

The characteristic mass  $(m_0)$ , which is defined as the analyte mass that gives a PVSA of 0.0044 s, has been determined in this work as 0.7 pg for Cd, which is in agreement with literature data; the characteristic mass found for Fe was 1.0 ng using the PVSA of three pixels and 2.0 ng for sum of the pixel 209 and 213; no values could be found in the literature for this line for comparison.

The precision is defined as the closeness of agreement between independent test results under stipulated conditions (26). In this work precision is expressed as relative standard deviation (% RSD) of five replicate measurements of a CRM (refer to **Table 3**). The RSD values were between 4% and 7% for Cd and between 5% for Fe in the bread CRM and 28% in soil CRM. The significantly higher RSD for Fe in soil is most likely due to the very small sample mass used for this determination and the inhomogeneous distribution of iron in the investigated CRM.

**3.4.** Analysis of Real Samples. The proposed method has been used for the simultaneous determination of cadmium and iron in bean and soil samples from different regions of Brazil; the results of the investigation, using aqueous standards for calibration, are shown in Table 5. The concentration of cadmium in most of the bean samples, except for two, was below  $2 \mu g k g^{-1}$ , a value that is

**Table 5.** Results Obtained for the Determination of Cadmium and Iron in Beanand Soil Samples Using SS-HR-CS GF AAS and Aqueous Standards forCalibration<sup>a</sup>

	beans			soil	
state	type	${\rm Cd}\!/\!\mu{\rm g~kg^{-1}}$	Fe/mg kg <sup>-1</sup>	$\mathrm{Cd}\!/\!\mathrm{\mu}\mathrm{g}~\mathrm{kg}^{-1}$	Fe/g kg <sup>-1</sup>
Amazonas	brown black	$\begin{array}{c} 10\pm1\\ 24\pm6 \end{array}$	$\begin{array}{c} 57\pm10\\ 80\pm6 \end{array}$	$315\pm54$	$67 \pm 22$
Pará Ceará Goiás	brown brown white	<2 <2 <2	$57 \pm 6 \\ 61 \pm 6 \\ 99 \pm 16$	<14 30 ± 6 57 ± 8	$4.7 \pm 1.6$ 78 ± 16 >200
Mato Grosso do Sul Minas Gerais	brown brown brown	<2 <2 <2	$127 \pm 28 \\ 104 \pm 13 \\ 117 \pm 19$	24 ± 1 <14	$\begin{array}{c} 47\pm10\\ 133\pm63 \end{array}$
Paraná Santa Catarina	black black brown	<2 <2 <2	$\begin{array}{c} 103 \pm 12 \\ 111 \pm 21 \\ 69 \pm 13 \end{array}$	$28 \pm 1$ $62 \pm 4$ $14 \pm 5$	$87 \pm 36 \\ 11 \pm 2 \\ < 0.5$
Rio Grande do Sul	black brown	<2 <2	$\begin{array}{c} 161 \pm 21 \\ 159 \pm 16 \end{array}$	$40\pm 6$	118 ± 44

<sup>a</sup> Expressed as Fe<sub>2</sub>O<sub>3</sub>

<sup>a</sup> For details refer to the text.

Table 4. Figures of Merit for the Simultaneous Determination of Cd and Fe by SS-HR-CS ET AAS at 228.802 and 228.726 nm, Respectively<sup>a</sup>

	beans <sup>b</sup>		soil <sup>c</sup>			
				Fe		
parameter	Cd	Fe	Cd			
calibration range	10 $-$ 70 pg/1 $-$ 7 $\mu$ g L $^{-1}$	10—60 ng/1—6 mg L <sup>-1</sup>	10–70 pg/1–7 $\mu$ g L $^{-1}$	20—200 ng/2—20 mg $L^{-1}$	200-4000 ng/20-400 mg L <sup>-1</sup>	
analytical curve	$A_{\Sigma3,int} = 0.0058 m_{Cd} + 0.0092$	$A_{\Sigma3,int} = 0.0046 m_{Fe} + 0.0019$	$A_{\Sigma3,int} = 0.0058 m_{Cd} + 0.0092$	$A_{\Sigma\pm2,int} = 0.0021 m_{Fe} + 0.0353$	$A_{\Sigma\pm2,int} = 0.0008 m_{Fe} + 0.2451$	
R	0.9998	0.9998	0.9998	0.9991	0.9985	
m <sub>o</sub> LOD LOQ	0.7 pg 1.0 pg/2.0 $\mu$ g kg $^{-1}$ 3.0 pg/6.0 $\mu$ g kg $^{-1}$	1.0 ng 2.2 ng/4.5 mg kg <sup>-1</sup> 7.5 ng/15 mg kg <sup>-1</sup>	0.7 pg 1.0 pg/14 $\mu$ g kg <sup>-1</sup> 3.0 pg/43 $\mu$ g kg <sup>-1</sup>	2.0 ng 12 ng/170 mg kg <sup>-1</sup> 40 ng/570 mg kg <sup>-1</sup>	6 ng nd <sup>d</sup> nd <sup>d</sup>	

<sup>a</sup> For details refer to the text. <sup>b</sup> Calculated for an average sample mass of 0.5 mg. <sup>c</sup> Calculated for an average sample mass of 0.07 mg. <sup>d</sup> nd = not determined; conditions used for high analyte concentrations only.

well below the limits established by the Codex Alimentarius  $(0.2 \text{ mg kg}^{-1})$  and the Brazilian National Health Surveillance Agency-ANVISA (1.0 mg kg<sup>-1</sup>) (27). It is interesting to note that the only cadmium concentrations above the LOQ were found in beans that had been grown on a soil the cadmium content of which was about an order of magnitude above the average for all the other soils. This suggests a direct correlation between the cadmium content in soil and in beans, although the number of samples analyzed here is clearly too small to allow any statistical comparison. The values obtained for cadmium in soil samples were between < 14 and  $315 \ \mu g \ kg^{-1}$ , with an average around  $31 \ \mu g \ kg^{-1}$ , not considering the soil from Amazonas. These values are well below those found ( $< 1.0 \text{ mg kg}^{-1}$ ), and the limits established (3.0 mg kg<sup>-1</sup>) for agricultural soils in Europe (28). The cadmium concentration in Brazilian soil is related to various factors, such as organic matter, pH, CaCO<sub>3</sub>, that influence absorption and retention of this element (5).

The content of iron in beans ranged from  $57 \text{ mg kg}^{-1}$  to 159  $mg kg^{-1}$ . According to Embrapa the amount of iron in beans should be approximately 76 mg  $kg^{-1}$ , which corresponds to 29% of women's daily needs and 55% of men's needs (29). Hence, we can say that the beans produced in Brazil do have a sufficiently high iron content, which is in contrast to many grain products, which do not provide a sufficient iron supply (11). The iron content in the investigated soils ranged from  $< 0.5 \text{ g kg}^{-1}$  to 133 g kg<sup>-1</sup>. The high concentration of iron, in the soil samples, has been according to expectation because of the reddish color of most of the samples, characteristic of the iron oxide. There appears to be no correlation between the iron content in the soil that varied by more than 2 orders of magnitude, and that in the beans grown on that soil, which varied by less than a factor of 3. This means that the iron uptake by the plants is regulated by a mechanism that is independent of the iron content in the soil and that also assures sufficient iron content in the beans in case the soil is low in iron.

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